Supporting a Healthier Colorado: the Cancer, Cardiovascular, and Pulmonary Disease Grants Program

Public Health in the Rockies August 28, 2019









Outline

Overview of CCPD Grant Program

Evaluation Results: CCPD FY16-18

Program Changes: CCPD FY19-21

Small Group Discussion

• How to incorporate health equity?

Closing Discussion





Overview

CANCER, CARDIOVASCULAR & PULMONARY DISEASE GRANTS PROGRAM





CCPD Overview

Background: Amendment 35

- Increase in the state's tax on the sale of tobacco products
- 2004 Voters approved Amendment 35
- 2005 CO General Assembly enacted legislation (Colorado Revised Statute 25-20.5-301 et. seq.)

Tobacco Taxes for Health-Related Purposes Statutory Distribution of .64 cent tax (A35) Revenue

46%
Health Care
Expansion Fund,
including
reinstatement of
Medicaid for legal
immigrants

19% Primary Care Fund 16%
Cancer, CVD, CPD
Prevention, Early
Detection &
Treatment Fund

16%
Tobacco Education,
Prevention &
Cessation Grant
Programs Fund

3%
Infant Immunization
Fund
Supplemental OAP
Health & Medical
Care Fund
Local Governments

15% Health Disparities Grant Program Breast and Cervical Cancer Expansion Up to \$5M Grant Program Administration Up to 5%

CCPD Competitive Grants Program
Remaining Funds





CCPD Grants Program

By statute, the CCPD program funds competitive grants to improve the health of all Coloradans.

The program has evolved over time

- CCPD early years let a thousand flowers bloom
- Affordable Care Act (ACA)
- CCPD FY16-18 cohesive, comprehensive approach to reduce chronic disease in Colorado





CCPD FY16-18 Goals

To assist in the implementation of the state's strategic public health plans for cancer, cardiovascular and chronic pulmonary disease

To contribute to the transformation of the health system and the environment in which health is created so that disease is prevented and health is promoted

Improve the health of all Coloradans by addressing all three types of prevention.



Steps followed through the planning process



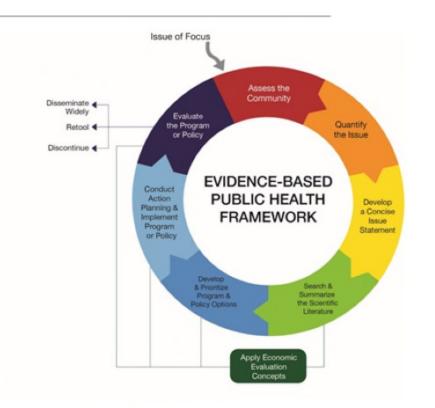
Review of the data

During review committee meetings

Comprehensive data analysis

Staff review of evidence-based interventions

55 interventions assessed



Review Committees' establishment of program priorities and criteria (with community engagement and public comment)

Staff filtered prioritization of interventions

Review Committee's selection of 17 interventions in FY16-18

CCPD FY16-18 Strategies





Healthy Eating and Active Living		
Strategy 1: Built Environment		
Strategy 2: Breastfeeding-friendly Environments		
Strategy 3: Healthy Food Retail		
Strategy 4: Healthy Food and Beverages		

Cancer

Strategy 6: Provider/Clinic-based Cancer Prevention

Strategy 7: Individual-level Cancer Prevention

Strategy 5: Comprehensive Worksite Wellness

Strategy 8: Community-based Cancer Prevention

Cardiovascular Disease

Strategy 9: Self-measured Blood Pressure Monitoring

Strategy 10: Team-based Care (MTMS)

Strategy 11: Clinical Systems Quality Improvement

Strategy 12: National Diabetes Prevention Program (DPP)

Strategy 13: Diabetes Self-management Education (DSME)

Pulmonary Disease

Strategy 14: School-centered Asthma Management

Patient Navigator/Community Health Worker/Cross-Cutting

Strategy 15: Patient Navigator Programs

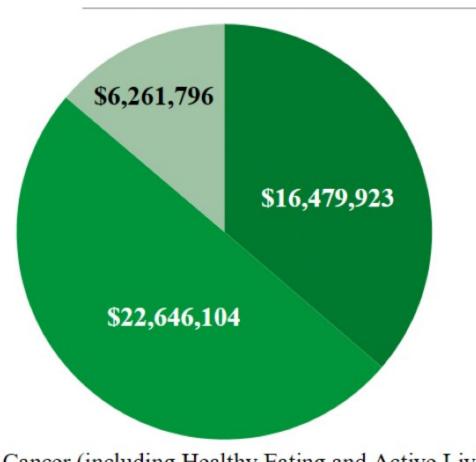
Strategy 16: Community Health Worker Program

Strategy 17: Patient Navigator & Community Health Worker Training





CCPD Grant Program FY16-18



- Cancer (including Healthy Eating and Active Living)
- CVD (including Healthy Eating and Active Living)
- Pulmonary

	STATUTE REQUIREMENT	PERCENT OF TOTAL
Cancer^	Minimum 10%	36%
$Cardiova scular^{\wedge}$	Minimum 10%	50%
Pulmonary	Minimum 10%	14%
TO	100%	
Treatment	Not to exceed 10%	2%
Rural	Minimum 10%	27%

[^]Healthy Eating and Active Living work is divided 50%/50% between Cancer and Cardiovascular

47 grantees

Total: approximately \$48.6M

(includes evaluation, surveillance, training and technical assistance)

10





Cross-Site Evaluation Findings

CCPD FY16-18





Overarching Evaluation Aims

To report grantee accomplishments during CCPD FY2016-2018 by evidence-based strategy;



To assess the <u>reach</u> and <u>strength</u> of CCPD FY2016-2018 programs across evidence-based strategies.





Data Sources

GRANTEE-REPORTED DATA

Semi-annual progress reporting

- 5 reporting periods
- Aggregate data

(select grantees submitted patient-level data)

Annual evaluation narratives

ALTERNATE DATA SOURCES

Surveillance data

Census data

Evidence-based literature





Evaluation Findings

What did grantees achieve during the funding cycle?

HEAL/ POLICY

Community-Based Approaches (PSE)

6 strategies

Built Environment
Breastfeeding
Healthy Food/Bev.
Healthy Food Retail
Worksite Wellness
Comm. Cancer Prevention

CLINICAL PROGRAMS

Individual-Based Approaches

5 strategies

SMBP
NDPP
DSMES
Team –Based Care
School Asthma Mgt.

CLINICAL SYSTEMS

Clinic-Based Approaches

2 strategies

CSQI Provider/Clinic Cancer Prevention





Grantee Accomplishments

What did grantees achieve during the funding cycle?

POLICY

6 strategies

24 Programs

\$16.9M Invested



621 Sites

PROGRAMS

5 Strategies

20 Programs

\$12.2M Invested



185 Sites

SYSTEMS

3 strategies

12 Programs

\$6.8M Invested



123 Sites





Grantee Accomplishments

What did grantees achieve during the funding cycle?

POLICY



297 policies adopted 393 environmental changes implemented to support HEAL



PROGRAMS



>50% program completion rates

Referral processes established



SYSTEMS



259 system changes

1300+ healthcare staff trained

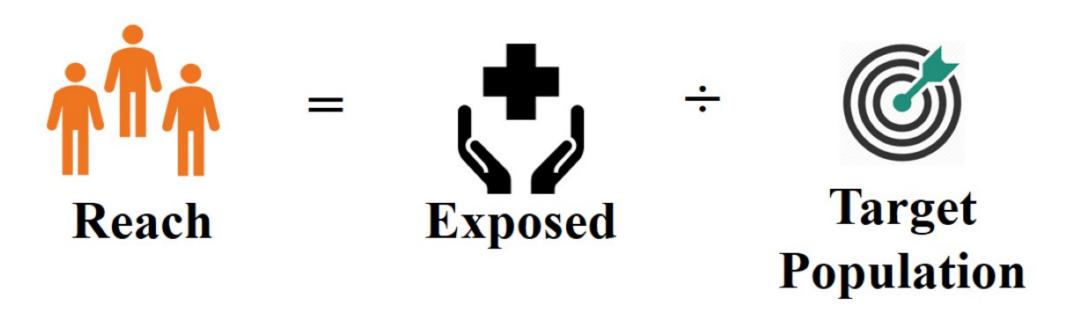




Cross-Site Evaluation Reach



Reach is percentage of people from the target population who are touched by (exposed to) a strategy



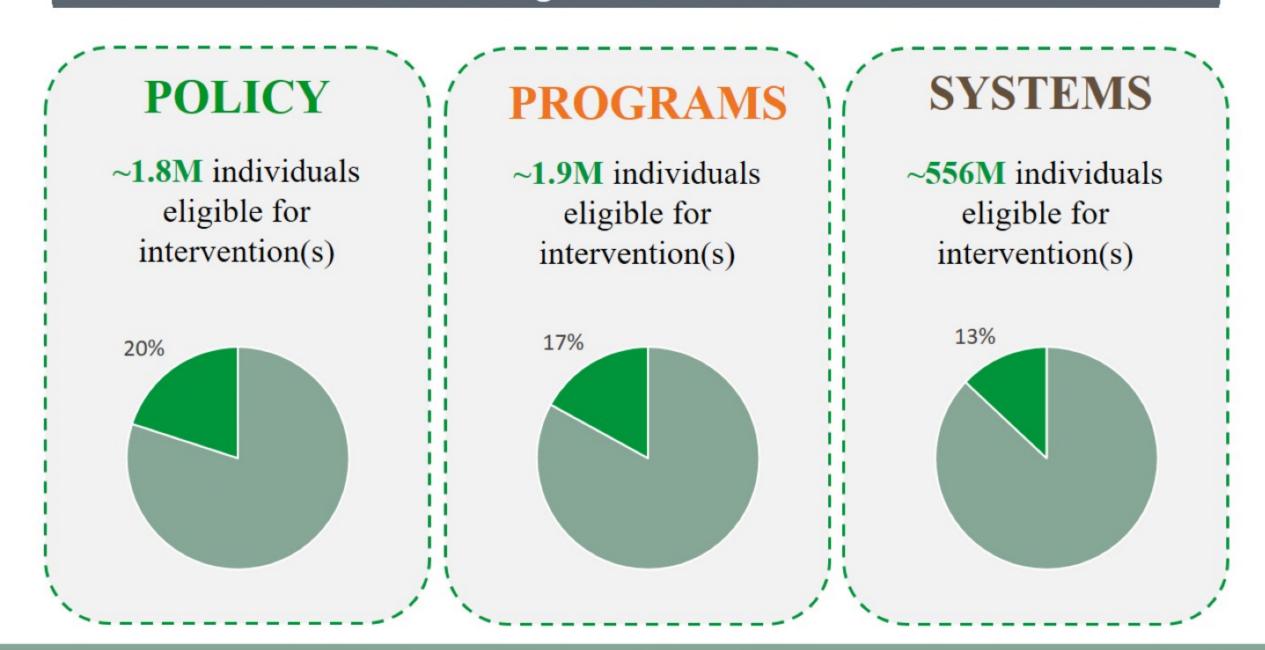
Reach Rating	Low	Moderate	High
Categories:	<2%	<10%	≥10%





Target Population

Who was eligible for the intervention?







Reach

What was the reach of the intervention?



EXPOSED ~267K individuals

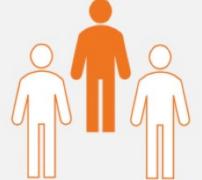


REACH: HIGH (11%)

PROGRAMS

EXPOSED

~3K individuals



REACH: LOW (2%)

SYSTEMS

EXPOSED

~64K individuals



REACH: HIGH (15%)



Cross-Site Evaluation Strength



Strength is change in health behavior or disease risk factor as a result of being exposed to a strategy



Strength Rating
Categories:Low
<20%</th>Moderate
≥20%High
≥50%

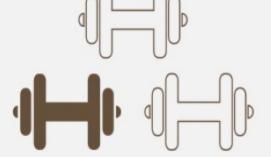




Strength

What effect did the intervention have on the targeted health outcome?

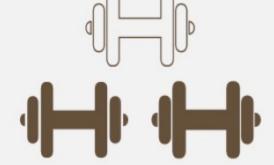
POLICY



LOW

Little effect on HEAL behaviors among exposed individuals (12%)

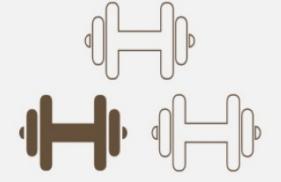
PROGRAMS



MODERATE

Likely some effect on risk factors among exposed individuals (24%)

SYSTEMS



LOW

Little effect on risk factors among exposed individuals (15%)





Summary

- 1,119 sites across46 counties were impacted
- ~343K Colorado residents touched by CCPDFY16-18 initiative (~6% of total pop.)
- Nearly 3 in 5 individuals experienced positive outcome

- ✓ Grantees were successful in accomplishing project specific goals
- ✓ Policy and environmental changes and CSQI initiatives had higher reach while programmatic initiatives had lower reach.
- ✓ Many of the direct service programs reported positive changes in behaviors and disease control among participants (high strength).
- ✓ Policy and system level changes to prevent cancer reach a larger portion of the target population and are effective at reducing exposure to carcinogens.





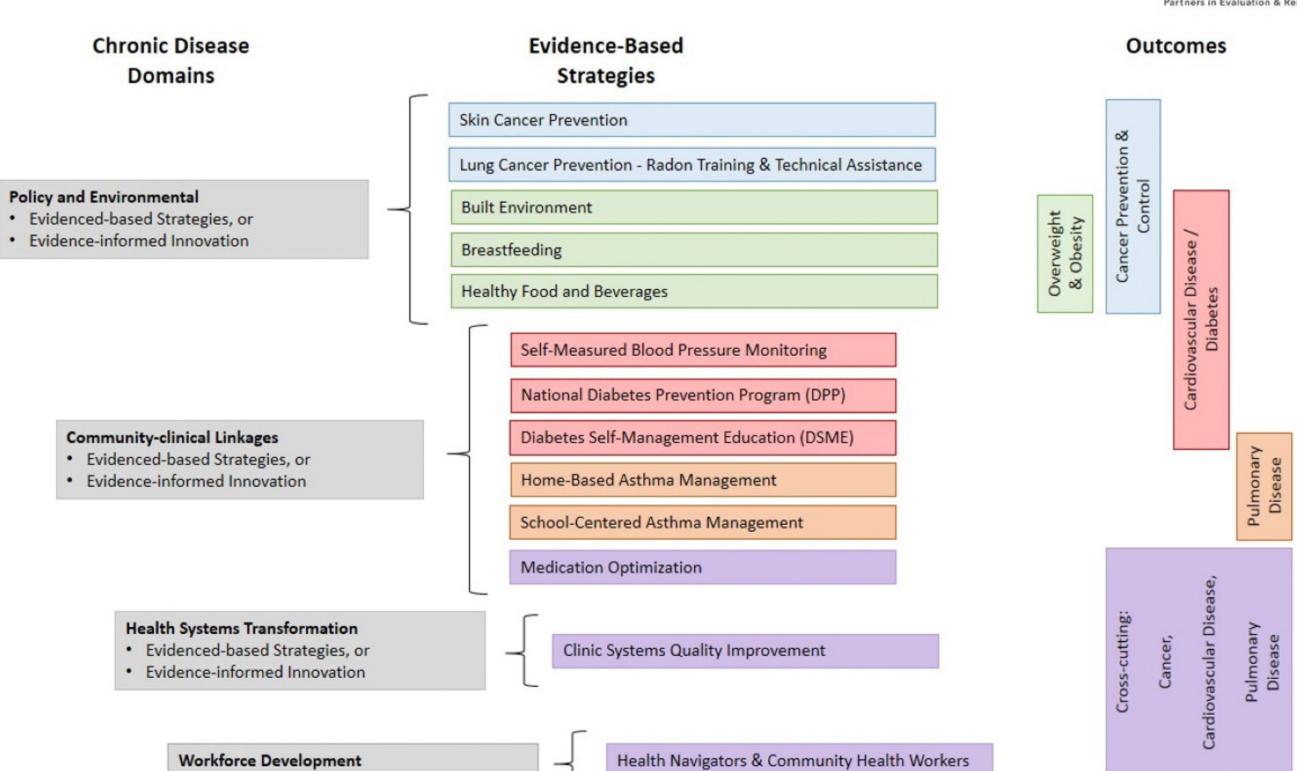
CCPD FY2019-2021

HEALTH EQUITY FOCUS

CCPD FY19-21 Strategies





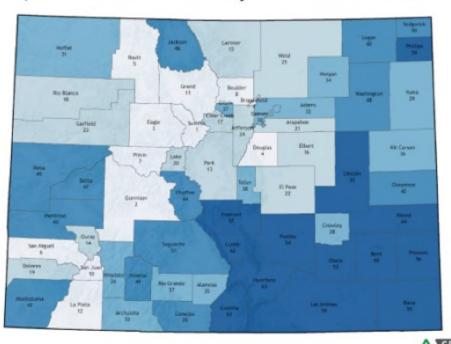


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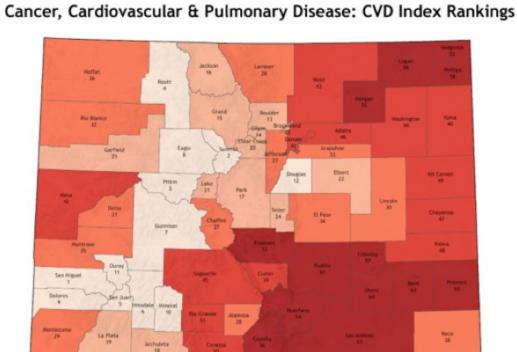
Focusing CCPD efforts: County Index Rankings

COLORADO Department of Public Health & Environment

Cancer, Cardiovascular & Pulmonary Disease: Cancer Index Rankings

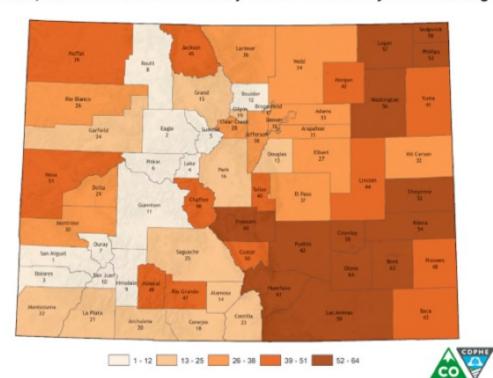


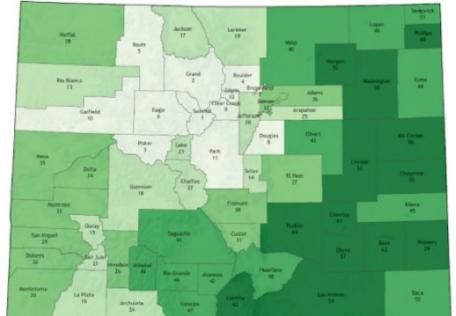
1 - 12 13 - 25 26 - 38 39 - 51 52 - 64



1 - 12 13 - 25 26 - 38 39 - 51 52 - 64

Cancer, Cardiovascular & Pulmonary Disease: Pulmonary Index Rankings





Cancer, Cardiovascular & Pulmonary Disease: H.E.A.L. Index Rankings

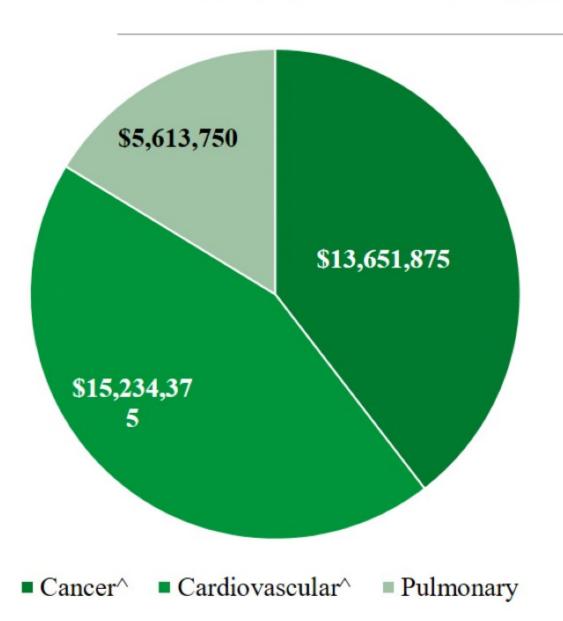
1 - 12 13 - 25 26 - 38 39 - 51 52 - 64

25 CCPD FY2019-2021





CCPD FY19-21 Grant Portfolio



	STATUTE REQUIREMENT	PERCENT OF TOTAL
Cancer^	Minimum 10%	39%
Cardiovascular^	Minimum 10%	44%
Pulmonary	Minimum 10%	17%
TOTAL		100%
Treatment	Not to exceed 10%	3%
Rural	Minimum 10%	39%

[^]Healthy Eating and Active Living work is divided 50%/50% between Cancer and Cardiovascular

22 Grantees

Total: approximately \$35M

(includes evaluation, surveillance, training and technical assistance)

CCPD FY2019-2021 26





Group Discussion

How can the CCPD program include more of a health equity lens?





Closing Discussion

CCPD GRANT PROGRAM